

What is Probiosac™?

Probiosac™ is a lactose free probiotic in a capsule used in the treatment of diarrhea such as, antibiotic associated diarrhea and other infectious diarrhea. Each capsule contains 5 billion live cells of yeast known as *Saccharomyces boulardii*.

What is a probiotic?

Probiotic organisms are live microorganisms thought to be beneficial on the host. According to the currently adopted definition by World Health Organization, probiotics are: "Live microorganisms which when administered in adequate amounts confer a health benefit on the host".

What is *Saccharomyces boulardii*?

Saccharomyces boulardii is a non-pathogenic yeast discovered from lychee in 1920 by Dr. Henri Boulardii and has been extensively studied to have many beneficial effects in the intestinal tract.

What is the dosage of Probiosac™?

Adults and children (2 years and above) take 1 capsule two to four times a day for 1 week in a divided dose or as recommended by a health care professional.

How should Probiosac™ be taken?

Probiosac™ capsules should be taken in between meals. If a person has difficulty swallowing the capsule, he or she can open it and mix it with yogurt, ice cream or cold beverages. Avoid the use of hot foods or hot beverages as this may adversely affect the potency and activity of Probiosac™.

Who should not take Probiosac™?

Patients with hypersensitivity to yeast should not take Probiosac™. Do not use if you are experiencing nausea, fever, vomiting, bloody diarrhea or severe abdominal pain. Do not use if you have an immune-compromised condition (e.g. AIDS, lymphoma, patients undergoing long-term corticosteroid treatment).

Can Probiosac™ be taken along with antibiotics?

Yes, Probiosac™ is resistant to all antibiotics. Clinical studies have shown that Probiosac™ can be taken along with antibiotics to support the gastrointestinal microflora thereby reducing the risk of antibiotic-associated diarrhea.

Can Probiosac™ be taken along with oral antifungal medications?

Probiosac™ can be sensitive to a number of commonly prescribed antifungal agents. If antifungals are prescribed with Probiosac™, both products should then be taken at different times. Probiosac™ should be taken 4 hours before or after any antifungal agent.

Can Probiosac™ be taken with prescription medications or other dietary supplements?

There is no known interaction between Probiosac™ and prescription medicines except for antifungals. Probiosac™ does not contain lactose or gluten and has practically no adverse interaction with other dietary supplements.

How should Probiosac™ be stored?

To maintain potency and stability, Probiosac™ must be stored at room temperature.

Probiosac™ is available in a box of 10 capsules or 30 capsules.